



Infant Massage Workshop

February 22, 2010
6:30-7:30pm

Learn about the positive physical and emotional benefits of infant massage through this hands-on, interactive class. Dr. Patricia Hodson, East Carolina University Department of Physical Therapy, will guide parents or caregivers and their pre-crawling infants, 3 weeks to about 8 months of age, through the basics of infant massage.

Registration is free and light refreshments are included. Participants and infants are encouraged to dress comfortably and bring a yoga mat or blanket, towel or wash cloth and a baby blanket. This workshop will be held at Childlinks, 111B Eastbrook Drive, Greenville, NC 27858.

For more information or to register for this and other Parent Information Resource workshops call Melissa Adamson or Maura Aceto at 252.756.1567.

